

# Health Guidelines

Dear Parents/Guardians,

Every child has the right to a physically healthy environment; it is our responsibility to ensure this safe and healthy environment. We, therefore, ask your cooperation in strict observance of the following guidelines. Please place this letter on your refrigerator for easy reference.

1. Keep your child home if he/she has:
  - a. Fever (must be below 100 degrees without Tylenol for 24 hours)
  - b. Vomiting or diarrhea (none of either for 24 hours before returning to school)
  - c. Runny nose with green or yellow drainage
  - d. Hacking cough
  - e. Sore throat
  - f. Contagious condition (pin worm, ring worm, head lice, impetigo, scabies, etc)
  - g. Rash
  - h. An illness requiring antibiotics for the first 48 hours unless specified by a physician
  
2. Notify the school nurse about the following:
  - a. Changes in medication at school or at home
  - b. A doctor's statement if your child has restrictions for gym class, obtains ear tubes, etc.
  
3. Note: Please update your student information sheet, list your phone number and two emergency numbers of persons available to transport your child if necessary.

If you have any questions, please contact the Brocton Central School principal.

Thank you for your cooperation.

Jennifer Rammelt  
School Nurse

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